



Dat's How We Roll
Ride 2014

presented by

PEOPLES HEALTH

Your Medicare Health Team

Margot | my MS story

diagnosed 2008

I have never had any health problems to speak of. I'm the one who takes care of those that do. However, all that changed in May 2008.

I was lying in bed reading as I normally did when I scratched my leg and it was numb. I felt the pressure, but not much else. The numbness went from my chest level to my toes on the left side only. Being a nurse, I started thinking of all the things it could have been, including MS. I knew of no one in my family with MS. A week later, I saw my first neurologist. The diagnoses she was considering were MS or a brain tumor!

MRIs were ordered of my brain and entire spine. These were done immediately. On day two of MRIs, the radiologist, who was a trusted friend, confirmed that I did NOT in fact have a tumor. He did, however, confirm that what I did have was MS. I have to admit, I was a bit relieved. I could handle MS! He was shocked at my reaction, which was surprisingly calm. I remember asking him, "If I lie on the floor and throw a tantrum, or become hysterical, is it going to change my diagnosis?" Of course, he said NO! I told him that I had a six year old at home counting on me to be a mommy. I could either face this head on and fight it, or sit in the corner and pout. I had to fight! He has told me several times how my strength was an inspiration to him and has shared my story with others. What he doesn't realize is that he was my rock that Friday afternoon and I will always be grateful.

Fast forward six years and I am doing better than I could ever have imagined! I have an amazing neurologist and nursing team. I take my injections three times a week without fail. I have had only one new lesion in six years. I have amazing family and friends who are extremely supportive. Sure, I have my days when fatigue smothers me or spasms wreak havoc up and down my spine, but I don't give in to it.

My name is Margot and I have MS....MS does NOT have me!!



**bike to
create a world
free of MS**